

POUR EN SAVOIR PLUS :

Vaccination Info service



Official website for obtaining factual, practical, and scientific information regarding vaccinations in general.

Public Health France



National public health agency dedicated to enhancing and safeguarding the health of communities.

National Agency for the Safety of Medicines and Health Products (ANSM)



National network of expertise and surveillance that guarantees, on behalf of the State, access to health products.

High Authority of Health (HAS)



An independent public authority of a scientific nature, dedicated to enhancing the quality and sustainability of the French healthcare system.

False information can proliferate on the Internet; always remember to verify sources to prevent being misinformed!

LE RESEAU ELENA, QU'EST-CE QUE C'EST ?

It is a coordination and support structure which extends over the entire Loire department and the North of Ardèche.

It brings together 7 maternity hospitals and 2 local perinatal centers which have signed a charter for quality work.

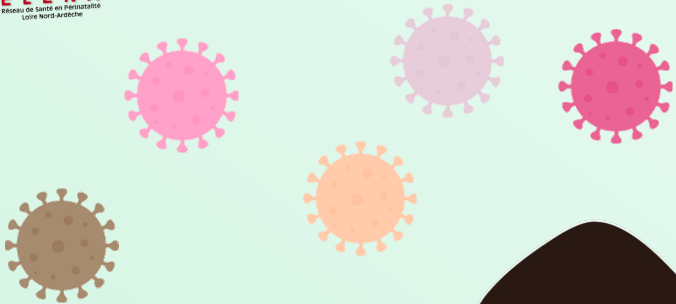
The ELENA network enables perinatal professionals working in the private sector, local authorities, medical-social structures and associations to work in close cooperation to ensure the continuity and quality of care.



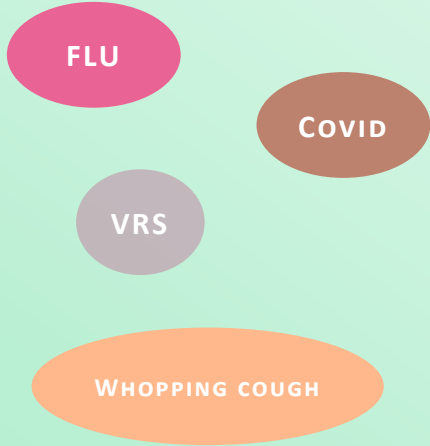
The ELENA network aims to coordinate all of these professionals to ensure optimal care for your pregnancy and your child at birth.



I am pregnant



I am getting vaccinated to protect myself and my baby



Healthcare professionals are here to answer all your questions.



FLU



WHY ?

Flu is a contagious disease. It is transmitted through the air (droplets, sneezing, coughing), directly during close contact with a sick person, or by contact with hands or contaminated objects (doorknobs, cutlery, etc.).

While flu vaccination does not always prevent the disease, it reduces the risk of serious complications for the mother (spontaneous miscarriage, hospitalization, respiratory complications, death) and the unborn child (stillbirth, premature birth).

WHEN ?

Flu vaccination is recommended in the winter for all pregnant women regardless of the stage of pregnancy (including the first trimester).

HOW ?

Without the need for a medical prescription, the vaccine can be collected free of charge from a pharmacy, vaccination is possible by the following health professionals : doctor, midwife, nurse and pharmacist.



COVID



WHY ?

Covid is an infectious disease caused by the coronavirus.

It is transmitted through the air ((droplets, sneezing, coughing), directly during close contact with a sick person, or by contact with hands or contaminated objects (doorknobs, cutlery, etc.).

Pregnant women are more vulnerable and may develop a severe form of the disease with higher risks of hospitalization, caesarean section, premature delivery or even death.

WHEN ?

Covid vaccination is recommended for all pregnant women regardless of the stage of pregnancy (including the first trimester).

HOW ?

For pregnant women, this vaccine can be obtained free of charge and administered only by a doctor, at a vaccination center or in a practice.

WHOOPIING COUGH

WHY ?

Whooping cough is a highly contagious respiratory infection.

It is transmitted from person to person, particularly by droplets of saliva released when coughing . This disease can be serious in infants, who are most often infected by an adult.

Vaccinating the mother during pregnancy allows her to transmit antibodies to the fetus and thus protect her baby until the age of 6 months (after that, he will be protected by his own vaccination).

WHEN ?

Vaccination is recommended during each pregnancy, preferably, from the second trimester.

HOW ?

On medical prescription, the vaccine can be collected from a pharmacy and vaccination is possible by the following health professionals : doctor, midwife, nurse and pharmacist.



VRS

WHY ?

Every year in France, nearly 30% of infants under two years old are affected by bronchiolitis, caused in nearly three quarters of cases by the respiratory syncytial virus (RSV).

It would protect the child up to 6 months after birth if it is carried out at least 2 weeks before birth.

Prevention by injection of Monoclonal Antibodies into the infant can also be an alternative.

WHEN ?

Vaccination against RSV is recommended between the 32nd and 36th weeks during the seasonal period from September to January.

HOW ?

On medical prescription, the vaccine must be administered by a doctor, a midwife, a pharmacist.

It can be administered at the same time as the flu or COVID vaccine but must be at least 2 weeks apart from the whooping cough vaccine.

GOOD TO KNOW

- All three vaccines against influenza, covid and whooping cough have shown their effectiveness and can be administered simultaneously.
- The RSV vaccine can be given at the same time as the flu vaccine, but it must be spaced at least 2 weeks apart from the whooping cough vaccine.
- Flu, covid, and whooping cough, like their vaccinations, do not provide lifelong protection: it is possible to catch them several times, hence the usefulness of carrying out the boosters recommended in the vaccination schedule.
- Vaccinations against influenza, covid and whooping cough are recommended for pregnant women and also for those close to them.